



They needed water to survive. They stayed hydrated by drinking turtle blood.

They ate turtle meat. They ate turtle eggs. They drank turtle blood. They dried its meat. They stored it.

They collected turtle fat. They let the fat heat in the sun. They made turtle oil. They rubbed it on their skins. This helped their sores. It also kept water out.

The family drank turtle oil. This kept them warm.

Water at the bottom of the dinghy was poisonous. It was a mix of rain, blood, and turtle guts. It was bad to drink. Lyn was a nurse. She made a tube. She poured the dinghy water in their rear ends. This way, they could absorb the water. But poison didn't go through their bodies.

survival tips

TRAPPED AT SEA WITH A GROUP!

- **Choose a leader.** This person should know the most about survival. The leader should assign jobs to everyone.
- **Collect all items.** See what can be used to survive.
- **Use clothes or plastic bags.** Make a roof or cover. Keep out of the sun.
- **Count the food supply.** Sort food into small portions. Make it last. Share food evenly with everyone.
- **Signal for help.** Use mirrors or lights. Make flags by attaching bright clothes to sticks.
- **Share blankets.** Huddle with others. Do this to keep warm. Nights can get cold.
- **Move around to keep blood moving.** Shake your legs. Shake your arms.
- **Take turns sleeping.** Save energy. Rest when you can. Stay quiet.