

# Trapped in Rock

**Where did Ralston go? How did he get trapped?**

Aron Ralston went to Bluejohn Canyon. This is in Canyonlands National Park in Utah. It is the desert. It took him 5 hours to drive there. He only planned to be gone 1 day.

He went hiking. He went alone. He explored **narrow** canyons. Narrow means tight spaces. He climbed. He made daring jumps. He used ropes.

He found a canyon. The drop was 10 feet (3 m). The canyon was 3 feet (1 m) wide. Ralston descended. He slipped and fell. He loosened a **boulder**. A boulder is a big rock. He made it move when he climbed over it. He didn't mean to do this.

Ralston was in the middle of nowhere.

