

EAT OR STARVE?



Captain James Smith traded with local Powhatans for food. Powhatans stopped trading when colonists stole from them.

Jamestown was the first British colony in America. It was in what is now Virginia. About 104 colonists landed in Jamestown. They did this in 1607.

Settling in Jamestown was hard. Summers were hot and humid. Winters were cold. There was a bad winter from 1607 to 1608. This was called the Little Ice Age. There were also **droughts** from 1606 to 1612. Droughts are periods of low rainfall. This meant water was hard to find. Without water, there were no crops. Without crops, there was no food. Without food, people died.

Many colonists **starved** to death during the winter of 1609 to 1610. This was called the starving time. Starve means to die of hunger. Some colonists survived because British ships came with supplies.