



Mean Maxine was a bully.
She made sure all the kids at school
knew SHE was the BOSS!

She'd tell us what to do...and we'd do it.

She'd tell us where to go...and we'd go there.

She'd tell us what to say...and we'd say it.

If we didn't do exactly what Maxine told us to, she'd look at us with her **MEAN** eyes.

"Do what I say, or I'll twist you into a human pretzel!"

We thought about what it would feel like to be twisted into a human pretzel and it scared us...A LOT! So, we decided it would be easier to let Maxine be the boss.



The next day I passed out Bully Beans to my friends, and told them everything my mom had said.



We all agreed to give Bully Beans a try.



Just before the bell rang that morning, Maxine headed straight for Winston.
“Give me my homework, Geek!”

Everyone ate a Bully Bean. Then we all crowded around Winston.

Winston closed his eyes and swallowed his bean.

“No,” he squeaked back softly.



"Bully Beans" is a must have for counselors, teachers, and administrators! Only Julia Cook can write a book that will help students recognize bullying behaviors and teach them to meet the bully "head-on" in a civil manner, all while stirring feelings of empathy. This book should be any educators go-to when addressing bullying issues with students.

Amie W. Cumming, Ed.S.
Director of Student and Family Support
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"Bully B.E.A.N.S." teaches children how to speak up when it comes to bullying.

Bullying continues to be an ongoing problem for children everywhere. Children from every race, culture, and socioeconomic group are susceptible to bullies. Most children are unprepared for how to handle it when bullying happens to them or someone they know. "Bully B.E.A.N.S." helps children identify bullying, and offers clear and impactful action strategies for both targets and bystanders.

**Maxine liked to pick on kids...especially Winston.
Winston is the smartest kid in our whole school.**

**Maxine made him do all of her homework and give her all of his lunch money.
Maxine liked to make Winston cry ... then she'd call him a crybaby.**

"If you don't do exactly what I tell you to, I'll knock you into next week!"

**Nobody liked the way Maxine treated Winston,
but we were too afraid to do anything about it.**

Written by bestselling author Julia Cook, "Bully B.E.A.N.S." reminds children of the power of their voice and how to use it effectively when standing up against bullying.

Bullies Everywhere Are Now Stopped!



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JULIA COOK



Julia Cook, M.S. is a national award-winning children's author, counselor, and parenting expert. She has presented in thousands of schools nationally and

internationally, regularly speaks at education and counseling conferences, and has published children's books on a wide range of character and social development topics. The goal behind Cook's work is to actively involve young people in fun, memorable stories and teach them to become lifelong problem solvers. Inspiration for her books comes from working with children and carefully listening to counselors, parents, and teachers, in order to stay on top of needs in the classroom and at home. Cook has the innate ability to enter the worldview of a child through storybooks, giving children both the "what to say" and the "how to say it."

Tammie Lyon attended the Columbus College of Art and Design, where she received her BFA. She has illustrated numerous books, posters, magazines, cds, games, clothing, and just about anything else you can think of. She lives in Cincinnati, Ohio with her husband Lee, and loves spending the day in the studio with her dog, Gus.

