

Third Edition

The Tough Kid[®] Tool Box



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Introduction



The Tough Kid Tool Box serves to both complement and supplement the first, second, and third editions of *The Tough Kid Book*, the flagship of The Tough Kid Series (see box on the next page). *The Tough Kid Tool Box* parallels *The Tough Kid Book*, but gives additional in-depth explanations and techniques that you can use in everyday situations. It is most efficient to first read *The Tough Kid Book* and then refer to *The Tough Kid Tool Box's* major sections. However, it is not absolutely necessary to read *The Tough Kid Book* to benefit from this book, because each of the tools provided is accompanied by step-by-step instructions.

This book contains sections on unique procedures such as the Yes/No Program, Mystery Motivators, Home Notes, self-monitoring, contracting, Points for Grumpy, and others. There is also a general section that includes an

activity schedule for the classroom, Recess Soda Pop Bottle and Glitter Time-outs, the Be Cool Program, Tootling, peer tutoring forms, and others. A new section has been added to cover Functional Behavior Assessments (FBA) and Behavior Intervention Plans (BIP).



The Tough Kid Series

The Tough Kid Series is designed to help educators manage the Tough Kid. A Tough Kid is a student who exhibits severe and chronic problem behaviors such as aggression, noncompliance, and tantruming. These students have had multiple discipline referrals and are generally failing both academically and socially. It is estimated that approximately 2% to 5% of all students meet our definition of a Tough Kid.

The Tough Kid Series includes:

- *The Tough Kid Book*
- *The Tough Kid Tool Box*
- *The Tough Kid Social Skills Book*
- *The Tough Kid New Teacher Book*
- *The Tough Kid Bully Blocker Book*
- *The Tough Kid Bully Blocker Shorts DVD*
- *Parenting Through Tough Kid Moments*
- *The Tough Kid Principal's Briefcase*
- *The Tough Kid: Teachers and Parents as Partners*
- *The Tough Kid Electronic Home Notes*
- *The Tough Kid On-Task in a Box*

All of these books build and expand on the basic information covered in *The Tough Kid Book*. The techniques and interventions included in this book, like other books in The Tough Kid Series, are based on research-proven, evidence-based practices. For more details, visit ancorapublishing.com or toughkid.com.

Each of the eight sections of *The Tough Kid Tool Box* provides explanations of the interventions included. Each section begins with a definition of the intervention, a specific description, and complete steps for implementing the technique. In addition, troubleshooting suggestions offer practical solutions to common problems that might arise. “Making it even better” suggestions cover several variations that will make the intervention even more effective or unique.

Possibly the best feature of *The Tough Kid Tool Box*, however, is the number of practical forms, or tools, that you can copy and use. These tools are very helpful in saving teacher time. Forms such as the Home Notes, Mystery Motivators, and self-monitoring forms have been used and debugged with many actual Tough Kids.

The tools appear at the end of each section. You can copy the forms directly from the book, and electronic versions of each form are available for download. See “How to Download the Reproducible Files” on the next page for download directions. Spanish-language forms are also provided in the downloads.



Where appropriate, these forms are set up so you can fill them out on your computer using Adobe Reader before printing them. See the “Using the Files” document in the download for more information.



How to Download the Reproducible Files

To download the reproducible forms provided with this book, go to download.ancorapublishing.com and enter access code: 978-1-59909-110-5

If you bought the book for your classroom, feel free to copy the tools and use them with your students. However, you are given permission to use them only with your students in your classroom. If another teacher wants to use the tools, then please have that teacher buy their own book. This is similar to buying software that is licensed for use with only one computer. Each book and its downloadable forms should be used for only one classroom or by one professional.

Good luck with *The Tough Kid Tool Box*. Remember, the interventions have been designed to make education fun and positive for Tough Kids. If education is positive and well planned, Tough Kids turn out to be great kids!

Grammar Note

In deference to individuals who identify as gender nonbinary, this text will use the following format concerning pronouns. When referring to individuals referenced in general terms—for example, a teacher or a student—we will use the singular *they/ them/their*. For named individuals, we will use both gender-specific pronouns and the singular *they* pronouns.

Many students live in one-parent households, in foster care, with grandparents, or in other circumstances. It is often inaccurate to refer to “the student’s parents,” but it is cumbersome to refer to “the student’s parent(s), grandparent(s), or guardian(s).” Therefore, we will use *parents* or *families* to refer to a student’s primary caregiver or caregivers.