



It's easy to do kind things for your loved ones. Have you tried to do something nice for someone you don't know? Try to do a **random** act of kindness for a **stranger**. Random means unplanned. Strangers are people you don't know.

Here are some examples:

- Let someone go in front of you in line.
- Compliment a stranger.
- Open doors for other people.
- Smile at someone you pass in the hallway.
- Give up your seat on the bus.
- Help carry someone's bag.
- Take a picture for someone.

Your act of kindness will most likely be "paid forward." This means if you're kind, other people will be kind. Spread compassion everywhere!

Tip: Remember to be smart and safe when interacting with strangers.

