

There are many different moves and tricks.



He was the first to land a 1080. This is three full turns. He said, "Adventure is what you make of it."

Downhill snowboarding is another type of extreme snowboarding. Snowboarders look for tall mountains. They get to the top. Some use climbing gear. Some drop from helicopters. They focus on speed. It's dangerous. The terrain is rough.

They look for steep slopes. They like to catch big air. They show off their skills. They like to do **inverted aerials**. Inverted means upside down. Aerials are tricks in the air.

They combine moves. They create new tricks. Tricks have interesting names. Some examples include Spaghetti Air, Canadian Bacon, and Hot Garbage.

"Adventure is what you make of it."