



Swimming

Additional Targets:

Competing
Exercising

Extension Questions:

1. What is happening in this picture?
2. Why is the woman swimming?
3. Name two places a person can swim.
4. What else can you do in a pool besides swim?
5. Why is the woman's hair in a swim cap?
6. How does a person learn to swim?



Climbing

Additional Targets:

Balancing

Gripping

Extension Questions:

1. What is happening in this picture?
2. Why is the girl wearing a harness while climbing?
3. Name two other activities you can do in a gym.
4. Have you ever been climbing? Explain.
5. How do you think the girl feels? Why?
6. Do you think the girl will be tired when she is finished? Why or why not?