Ask the person on your right to answer this question:

What do you do when you ar

Ask the person on your right to answer this question:
What place can you go to if you want to feel

Finish this sen Instead of bla others when I angry, I ca ANGER

nswer this question:

hen you feel angry, There do you feel it your body and what lo you do about it?

Finish this sentence:

Instead of blaming others when I feel angry, I can ...

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Answer this question:

When you feel angry, where do you feel it in your body and what do you do about it?

Ask the person on your right to answer this question:

What do you do when you are angry?

Ask the person on your right to answer this question:

What place can you go to if you want to feel safe?