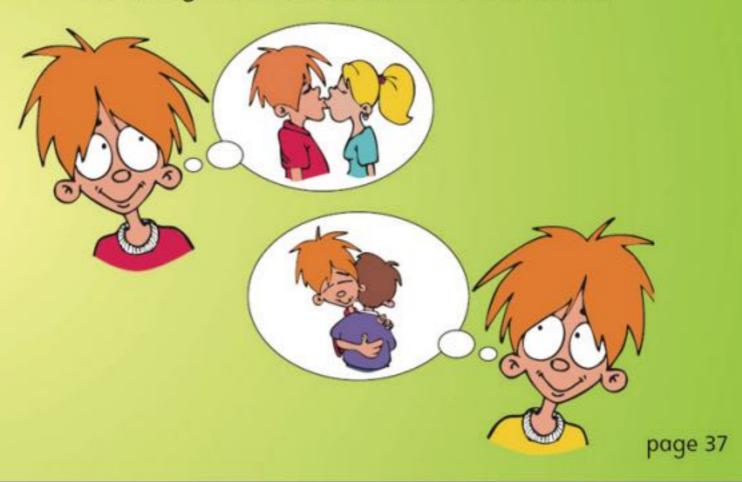
At puberty boys can think a lot about girls. They can have sexy thoughts and feelings.



Thinking about love and sex is normal.

page 36



When hair grows on your face you may need to start shaving.



page 22

Ask your parent or carer for advice and help.



