

Little **BIG** Chats

Little books to help kids unpack BIG topics



Consent

Introducing consent and body boundaries

by Jayneen Sanders illustrated by Cherie Zamazing

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Secrets and Surprises

Learning the difference
between secrets and surprises

by Jayneen Sanders illustrated by Cherie Zamazing

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Private Parts are Private

Learning private parts are private and
what to do if touched inappropriately

by Jayneen Sanders illustrated by Cherie Zamazing

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My Safety Network

Introducing a Safety Network (3 to 5 trusted adults a child can go to if they feel unsafe)

by Jayneen Sanders illustrated by Cherie Zamazing

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My Early Warning Signs

Exploring Early Warning Signs and what to do if a child experiences these signs

by Jayneen Sanders illustrated by Cherie Zamazing

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Families

Celebrating diversity in families

by Jayneen Sanders illustrated by Cherie Zamazing

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I Always Try

Developing a growth mindset
of resilience and persistence

by Jayneen Sanders illustrated by Cherie Zamazing

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Feelings

Understanding different
feelings and emotions

by Jayneen Sanders illustrated by Cherie Zamazing

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Everyone is Equal

Introducing the importance
of gender equality and diversity

by Jayneen Sanders illustrated by Cherie Zamazing

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Empathy

Exploring the meaning of
empathy and kindness

by Jayneen Sanders illustrated by Cherie Zamazing

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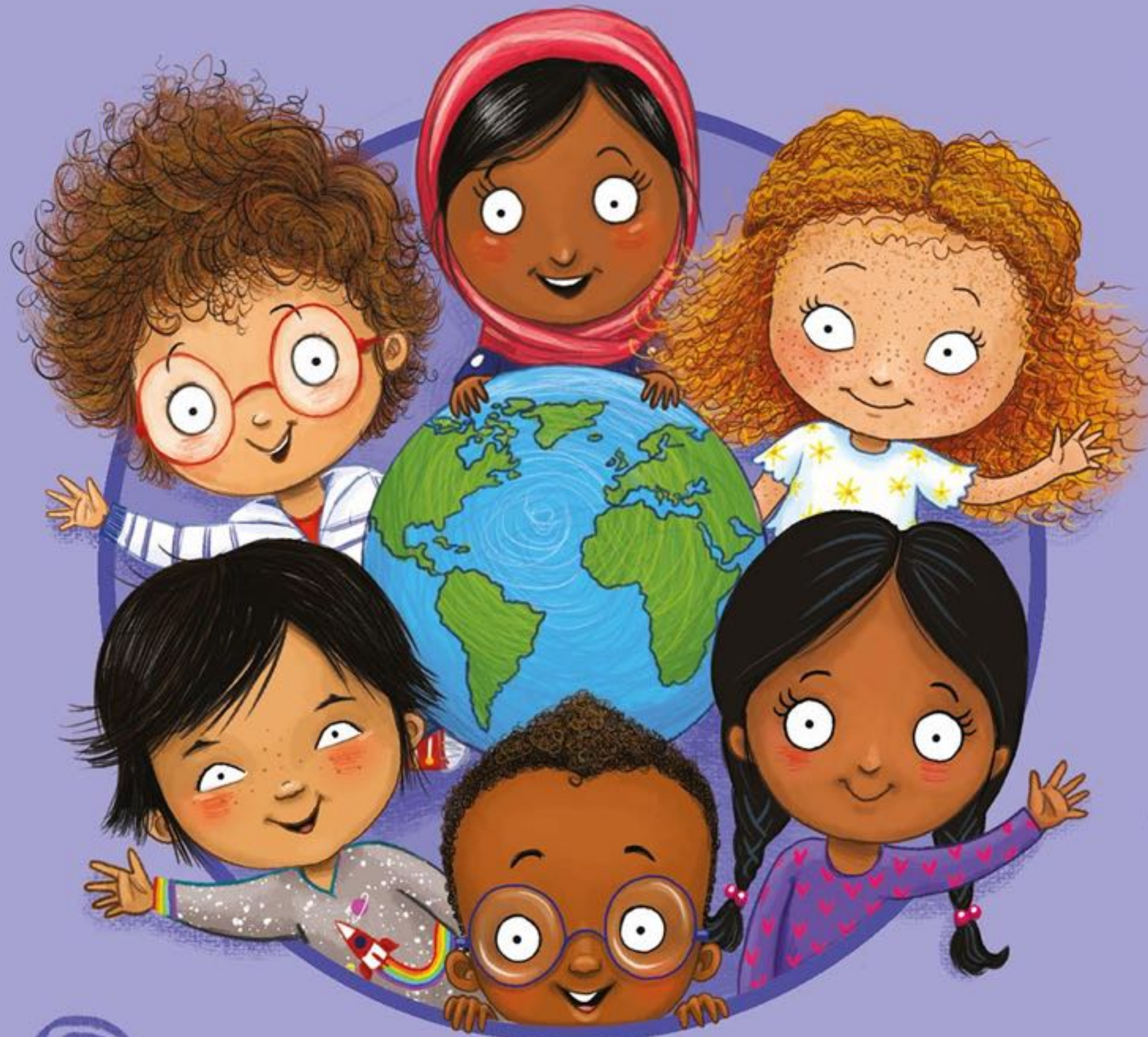
Mindfulness

Exploring the importance of
mindfulness and learning calming skills

by Jayneen Sanders illustrated by Cherie Zamazing

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Around the World

Celebrating racial equality
and diversity

by Jayneen Sanders illustrated by Cherie Zamazing