

CHAPTER 6

Your Mindset Matters

Amazing things can happen when you keep going and believe in yourself. With a growth mindset, you give yourself the best chance to succeed. So . . .

What do **you** want to succeed at?

Here's how to do it:

- Set a goal!
- Keep practicing.
- Celebrate when you succeed—AND when you fail. Both help you get better.
- Stay resilient when it gets tough.
- Stay positive.

