The Heart And Soul Of Change, 2Ed: Delivering What Works In Therapy

Table of Contents

Contributors

Foreword
—David E. Orlinsky

Preface

Prologue: Saul Rosenzweig: The Founder of Common Factors
—Barry L. Duncan

Introduction
—Mark A. Hubble, Barry L. Duncan, Scott D. Miller, and Bruce E. Wampold


1. The Research Evidence for Common Factors Models: A Historically Situated Perspective
—Bruce E. Wampold

2. Clients: The Neglected Common Factor in Psychotherapy
—Arthur C. Bohart and Karen Tallman

3. The Therapeutic Relationship
—John C. Norcross

4. Putting Models and Techniques in Context
—Timothy Anderson, Kirk M. Lunnen, and Benjamin M. Ogles

5. Evidence-Based Practice: Evidence or Orthodoxy?
—Julia H. Littell

6. Psychiatric Drugs and Common Factors: An Evaluation of Risks and Benefits for Clinical Practice
—Jacqueline A. Sparks, Barry L. Duncan, David Cohen, and David O. Antonuccio

II. Delivering What Works: Practice-Based Evidence

7. "Yes, It Is Time for Clinicians to Routinely Monitor Treatment Outcome"
—Michael J. Lambert

8. Outcomes Management, Reimbursement, and the Future of Psychotherapy
—G. S. (Jeb) Brown and Takuya Minami

9. Transforming Public Behavioral Health Care: A Case Example of Consumer-Directed Services, Recovery, and the Common Factors
—Robert T. Bohanske and Michael Franczak

III. Special Populations

10. Evidence-Based Treatments and Common Factors in Youth Psychotherapy
—Susan Douglas Kelley, Leonard Bickman, and Earta Norwood

11. Common Factors in Couple and Family Therapy: Must All Have Prizes?
—Jacqueline A. Sparks and Barry L. Duncan

12. What Works in Substance Abuse and Dependence Treatment
—David Mee-Lee, A. Thomas McLellan, and Scott D. Miller

IV. Conclusions

13. Delivering What Works
—Scott D. Miller, Mark A. Hubble, Barry L. Duncan, and Bruce E. Wampold

Index

About the Editors