

Hand Exercises

Content Cards

Writing Activities

Tactile Discrimination Visual Discrimination 1. Lotion 1. Draw a line between the pictures that are the same. 2. Textures 2. Draw a line between the pictures that are the same. 3. Find Me Draw a line between the pictures that are the same. 4. Guess What 4. Draw a line between the pictures that are the same. 5. Sponge Pickup Draw a line between the pictures that are the same. **Finger Control** Tracing 6. Draw a line between the player and first base. 6. Tape Pickup 7. Finger Cut 7. Help the children swing. 8. Finger Walk 8. Drive your car along the road. 9. Paper Flick Help the frog hop across the pond. 10. Finger Cross 10. What is the boy blowing? 11. Sticky Fingers 11. Hip! Hop! Help the rabbit get to the carrots. 12. Finger Rainbow 12. Help the swimmers finish the race. 13. Finger Drum Paint a rainbow on Funzee™ the Zebra. 14. Thumb to Fingers Help the skier get to the bottom of the mountain. 15. Sign Language 15. Help the butterfly get to the flower. 16. I Love You 16. What do you see in the leaves?



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Thumb Control	Visual Motor Perception
17. Coin Toss	17. Help the monkey and elephant find the snacks.
18. Thumb Wrestle	18. Help the kids find a healthy snack.
19. Top Spin	19. Which things go together? Follow the lines to find out.
20. Thumb Twiddle	20. Which things go together? Follow the lines to find out.
Web Space	Drawing
21. Cup Circles	21. Look at this picture. Draw your own.
22. OK!	22. Look at this picture. Draw your own.
23. Ring Pull	23. Look at this picture. Draw your own.
24. Hand Walk	24. Look at this picture. Draw your own.
25. Spray Bottle	25. Look at this picture. Draw your own.
26. Eyedropper	26. Look at this picture. Draw your own.
Palmer Arches	Visual Motor
27. Binoculars	27. Help the cyclist through the park.
28. Dice House	28. Help the boat get out to sea.
29. Hand Cup	29. Help the monkey find his banana.
30. Hand Puppet	30. Help the golfer make a hole in one.
31. Plastic Knife	31. Take a walk in the park with Maddy.
32. Paper Crumple	32. Have fun going down the slide.



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Hand Side Separation	Mazes
33. Paper Tear	33. Help the dog get to the bone.
34. Tongs Pickup	34. Help the King and Queen get to the castle.
35. Putty Roll	35. Help Explorer Joe find the treasure.
36. Straw String	36. Help Billy find his soccer ball.
37. Scissors	37. Help the horse find the haystack.
38. Finger Snap	38. Help the bulldozer get to the construction site.
In-Hand Manipulation	Connect the Dots
39. Penny Hide	39. What are the children playing with?
40. Penny Place	40. What do you see growing on the tree?
41. Three Penny Pickup	41. What do you see on the flower?
42. Bank	42. What do you see flying?
43. Marker Meal	43. What do you see on the snowman's head?
44. Finger Walk	44. What do you see in the pond?
45. Pencil Tap	45. What is Nate sitting inside?
46. Fingertip Roll	46. What did the boy catch?
47. Tiny Circles	47. What loves to hide nuts?
48. Erase	48. What insect loves flowers?

Content Cards

Writing Activities

Strengthening

Hand Exercises

- 49. Clothespins
- 50. Putty Squash
- 51. Rubber Band
- 52. Feed Me

Writing

- 49. Bow wow! Name your new dog.
- 50. You have a dinosaur for a pet! What would you name it?
- 51. Name the new calf.
- 52. Name the elephant.

Connectors

- 53. And
- 54. Or
- 55. Before
- 56. After









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