



Things that bug me are...



I keep myself safe by...



Sound



Safe



If I could go back in time to a treasure,



I would go back to...

The things that make the (feeling) visit are...



A Therapeutic Treasure Deck

A Sensory Companion and Feelings Guide

A Therapeutic Treasure Deck
of
Sensory Companions
and Feelings Guides

By Sarah Thomas
Illustrations by [unreadable]

I'm happiest and feel good when...

